

Press Release

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FIND YOUR ZEST FOR LIFE IN GORSEINON

Zest for life is a new healthy living café and juice bar that has risen from the ashes of the old steel works in Gorseinon.

The new café is one of many exciting projects that will be found in the new Canolfan Gorseinon centre which is now close to completion.

the café's aim is to demonstrate that you can have exciting, fun, tasty and healthy food from local seasonal produce. The new Café Manager, Craig Burrows, said "this is a really exciting project, I have spent the last 10 years working in a variety of catering establishments and this is the first one that aims not only to provide healthy living food but spends its income back into community projects in the area". The Gorseinon Development Trust, a local charity, will be managing the project.

Andrew Donald trust chairman said "we are really excited about the Trust running this healthy eating cafe as it gives us the chance to demonstrate, not just talk, about healthy living and we are really excited to welcome Craig to work for us.

Café Zest for life will be opening its doors from August 2008 following the completion of the centre in July.

The new centre will be open for a taster for local people to have a look around the facility on the 26th July 2008 between 12- 4 pm and the café will be serving drinks and light bites for people to try.

Information to editors

The Gorseinon Development Trust is a community owned and voluntary run company limited by guarantee and local charity that aims to play a key role in regeneration initiatives in the Gorseinon area.

The trust was formed in 2003 and has been a key player in attracting monies to the area after the closure of the Bryngwyn Corus works announced in 2001

Funding for the trust has been secured from and with help from Welsh Assembly Government, Department of Enterprise Innovation and Networks (DEIN), City and County of Swansea and the Gorseinon Town Council

The trust aims to income generate funding from the running of the new Canolfan Gorseinon Centre through the operation of Café Zest for life, Trusting Hands Day Nursery, the rental of spaces to local business and the provision of meeting, conference and community rooms.

The Trust will be moving its offices to the new centre in July 2008

For further information about the trust and our activity please contact Kelvin Jones at our offices at 12 West Street Gorseinon Tel 01792 896128